



Sunshine & Smiles: Newsletter

2025
July





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July at a Glance

July brought a burst of colour, laughter, and connection across FCSL homes. From seaside adventures to creative arts, every service user's story shone brightly.

Essex

In Essex, Kenny's 30th birthday was a joyous affair with cakes so good they deserve an award.



Stockwell

While Stockwell hosted a sizzling BBQ where families, friends, and staff enjoyed food, music, and togetherness.

East Sussex

Shannon had a busy month of outings and new routines.

She took the train to Hastings with her support staff and spent a day on the seafront, tried the rides at the funfair, then explored the shops and streets of the old town.



July was about living life to the fullest, embracing independence, strengthening community bonds, and celebrating personal milestones.

Adventures, Outings & Everyday Joy

Whether it was bowling with friends, attending local fêtes, or enjoying the tranquillity of the allotments, each outing was tailored to bring joy and independence.



July was about getting out, engaging with the world, and making memories.

Month was a balance of peaceful routines, solo adventures, and joyful plans

Sprinkled with books, shows, shopping, and the excitement of an upcoming London trip with her sister.



July was filled with joy, adventure, and connection.

from cinema trips and gaming to a Brighton getaway, bowling victory, and a heartwarming family visit.

Our Creative & Caring Stars

Creativity and compassion were everywhere this month.



In the Stockwell,

Service users joined cooking sessions and bingo nights, proving that fun and skill-building can go hand in hand.

In the Essex,

the East Street Dream Team transformed Kenny's flat into a home he's proud of

Stephanie from East Sussex inspired with her arts and crafts

And her dedication to allotment gardening.



Team Triumphs & Training Milestones

FCSL teams continued their commitment to excellence this month with a strong focus on growth, collaboration, and professional development.

Across all services, staff engaged in extensive NAPPI training, reinforcing skills in positive behaviour support, safe practice, and person-centred approaches.

Through training, skill-sharing, and career growth, we continue to ensure that we deliver not just care, but the very best support possible.

Focus Care Supported Living Ltd



Life in Essex: A Month of Celebrations

Essex homes were alive with celebration, from birthdays like Kenny's and Connor's, to heartfelt moments such as remembering John Simon with a special balloon tribute.

The month wrapped with heartfelt family feedback, praising staff for their dedication and the joy they bring to service users' lives.

We are proud to uphold the highest standards of care through compassionate, respectful, and personalised support.



Life in Cambridgeshire: Friendship, Fun & Flavour

Cambridgeshire embraced inclusion and connection with International Friendship Day celebrations, ice cream socials, and a heartwarming tea party organised.

The month also featured a delicious Lemon Herb Chicken Skewer recipe and survey results that will shape future improvements.



Life at Stockwell

July in Stockwell was all about food, fun, and fresh ideas.



The BBQ was a hit, bringing together the entire community for a day of laughter and great eats.

Community BBQs, recognition, and training marked July's success.

Looking Ahead: August at FCSL

August promises a packed calendar:

Cambridgeshire's Creative Arts Week, BBQ socials, cinema days, and International Youth Day celebrations

Essex's community meet-ups

Stockwell's themed days and local outings.

Across all services, the focus will be on maintaining the summer spirit with activities that foster inclusion, joy, and independence.

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