



**FOCUS CARE SUPPORTED LIVING**  
“Our Focus Is You”

June 2025

An independent  
healthcare provider

# A Celebration of our people & the purpose.

Monthly  
Newsletter



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# Welcome to June –

the month where sunshine  
starts to linger a little  
longer.

June Fact: June is named after the Roman goddess Juno, associated with marriage and childbirth.

Thank you for being part of our family. With warmest wishes,

The Focus Care Supported  
Living Team



**Sandra McMillan**  
Regional Operations Manager –  
Suffolk



# A Month to Remember

## June Highlights: Pride, Fathers, and Growth.

June was bursting with colour, joy, and moments of meaning.



Across our homes, colourful decorations, inclusive conversations, and acts.

Father’s Day brought heartfelt recognition for all the incredible dads and male role models who go above and beyond.

We also recognised the caring women of Focus Care, gifting them roses to honour June, the Month of the Rose.





# Birthdays & Star Signs

Happy Birthday  
**Olivia**

June brought celebrations for some truly special people in our Focus Care family.

Celebrating Our Team and Cosmic Joy.  
Wishing happy birthday to Emmanuel, Eva, Godfrey and Smitha.



## June Fact!

June Star Signs :  
Gemini and Cancer.

June Birthstone :  
Pearl, Moonstone, and  
Alexandrite.

June Flower :  
Rose and Honeysuckle.



A New Chapter  
of Independence and  
Empowerment

# Home Spotlight: Orwell House

We are thrilled to spotlight Orwell House, the newest addition to Focus Care.

## June Fact!

Famous Sayings About June is a  
Pearl of Summer, Shining with  
Warmth and Joy

## Introducing you to Kyle and His Award- winning team

Where excellence speaks  
for itself.





# Donuts, Diversity & Delight



Our National  
Doughnut Day  
celebration was more  
than a sweet treat

From games to glazed giggles, our homes  
turned into mini bakeries of bliss.

Celebrating Pride  
and National  
Doughnut Day

A day filled with colour, kindness,  
and donut crumbs!





# Spotlight on Leadership: Chris Graham



Our inspiring National Operations Director, whose journey is as passionate as it is powerful.

After beginning in community care, Chris quickly rose through the ranks to become the youngest Registered Manager signed off by the Care Commission.

From NHS frontline roles to leading strategic change, his commitment to quality and accountability with compassion shines through every day.

His three-word leadership mantra?

Empowering.  
Purposeful.  
Grounded.

Chris Graham  
National Operations Director –  
Suffolk



# Policy of the Month: Hot Weather Safety

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Keeping cool, safe & cared for with summer in full swing,

We turn to our Hot Weather Policy – a vital guide to safeguarding wellbeing in warmer months.

Did you know? Temperatures above 26°C can impact vulnerable individuals.

This policy ensures:

1. Shaded, ventilated spaces.
2. Light clothing and cool meals.
3. Encouraged hydration and rest.
4. Extra monitoring for those on specific medications or with chronic conditions.



# Celebrating Dads & Gifting Roses

## Father Day And Rose Month

On June 15th, we came together to say a heartfelt thank-you to the dads, male staff, and father figures across our Focus Care family.

A nod to June, the Month of the Rose —  
a reminder that appreciation knows no gender.



## June Fact!

The UK marks Father's Day on the third Sunday of June, following the U.S. tradition started in the early 1900s.



# Contact & Feedback

## Suffolk

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Regional Ops Manager

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We'd Love to Hear  
From You

