

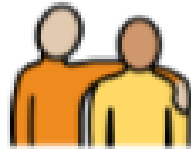


FOCUS CARE SUPPORTED LIVING
"Our Focus is You"

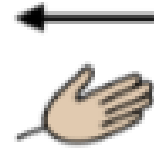
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APRIL 2024 Newsletter





WELCOME TO OUR APRIL 2024 NEWSLETTER



Happiest of Birthdays to:

Louisa who celebrated her birthday on 15th April

Rowland who celebrates his birthday on the 30th April

Sahir who celebrated his birthday on 5th April

Matthew who celebrated his birthday on the 6th April

Ed who celebrated his birthday on 20th

Jamie who celebrated his birthday on the 9th April

Jordon who celebrated her birthday on 23rd April

Hazel who celebrated her birthday on the 19th April



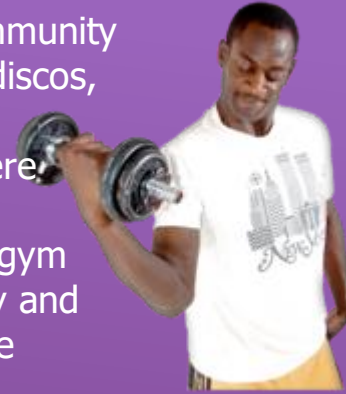


Amazing



This month has been a whirlwind of activity and engagement. Our community has enjoyed a diverse array of events and activities, including vibrant discos, competitive bowling sessions, and joyous birthday celebrations. The excitement continued with visits to the fair and amusement parks, where laughter and thrills were in abundance.

Our commitment to health and wellbeing was evident through regular gym sessions and time spent tending to the allotments, nurturing both body and spirit. Culinary skills were honed with baking and cooking classes, while shopping excursions provided opportunities for personal choice and expression.



Sports enthusiasts had their fill with energetic basketball games and refreshing walks, fostering both teamwork and individual fitness. Our days out were filled with exploration and camaraderie, as we connected with others who share our services, enriching our sense of community.

We also prioritised health and wellbeing with routine health checks and indulged in self-care through pamper days. It's been a month characterised by non-stop activity, growth, and community building. We look forward to continuing this momentum in the months to come.



This






Months



Activities





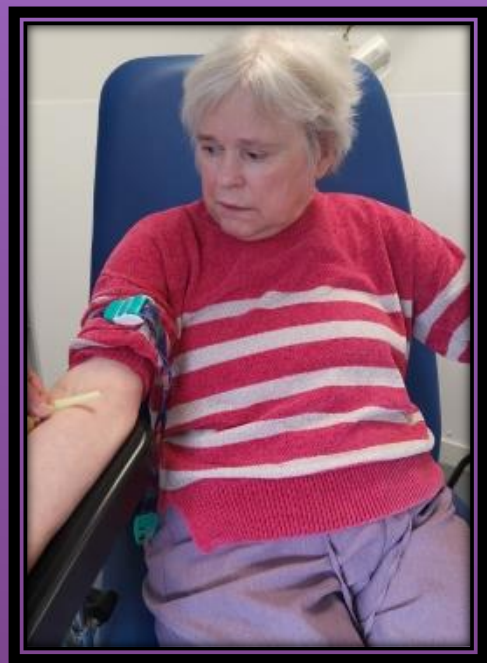



 This Months Activities



Walk



This Months Activities



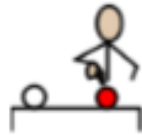
Health Action Plan

- _____
- _____
- _____





This Months Activities



Lets have fun !!!!

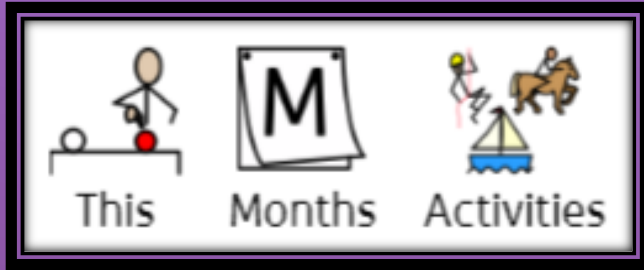


This Months Activities



This Months Activities







FIRE SAFETY

This month has been marked by a steadfast commitment to safety and preparedness. Our dedicated staff and valued service users have actively participated in comprehensive fire evacuation procedures, weekly alarm tests, and monthly fire drills, ensuring readiness and resilience.

In a concerted effort to maintain the highest standards of safety, our team has diligently refreshed their understanding of the fire safety policy and reviewed the Personal Emergency Evacuation Plans (PEEPs) tailored for our service users. The weekly testing of CO2 alarms and thorough inspection of all firefighting equipment underscore our unwavering dedication to a secure environment.

The display of the Fire Ambassador Poster across all services serves as a constant reminder of our safety-first ethos. Moreover, both staff and service users have exemplified proactive planning by assembling emergency bags, equipping themselves for any eventuality.

Our collective actions reflect a culture of vigilance and responsibility, ensuring that, should the worst occur, we are prepared not just to respond, but to do so with confidence and efficiency. We take pride in this shared endeavour to safeguard our community.





Do your cookies crumble for competition? Does your soufflé rise above the rest? Show off your baking muscles and let's get ready to crumble!



Instructions on the event webpage!

Is your secret recipe locked in a vault? Unleash that legendary lemon drizzle or clandestine chocolate cake and cement your status as a confectionary icon!

Bake Off 2024
5th of June
Roll up your sleeves, preheat your ovens, and get ready for the ultimate kitchen showdown – our company Bake Off is here!

We're calling all whisk wielders, dough divas, and spatula savants to form teams and stir up some competition. Whether your specialty is a flaky pastry or a triple-tier cake, it's time to put your baking skills to the test. Assemble your fellow culinary comrades and register your team to show off your gastronomic genius. For all the details, rules, and how to participate, visit our official Bake Off webpage. Don't miss this chance to rise to the occasion and maybe even doughminate the competition. Let's get baking!

myfocuscare.co.uk/events/bakeoff

Swap your daily routine for some frosting fun and sugar-fueled

The long awaited “**Bake Off 2024**” competition is finally here! 😊

We are thrilled to invite you to this engaging, fun, and exciting team-building experience that promises to be both enjoyable and rewarding.

Event Details:

Date: Wednesday 5th June 2024

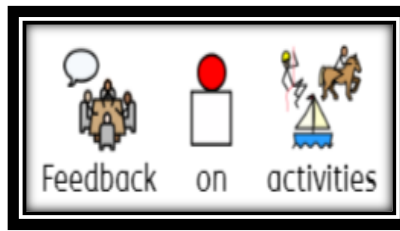
Time: 09h30 onwards

Venue: Ramsey 1940s The Camp, Wood Lane, Ramsey, Huntingdon, Cambs PE26 2XB

Activity: Baking Competition

Please inspire your teams to join this adventure with genuine enthusiasm, representing your respective regions and fully embracing the spirit of the occasion

Please scan the QR code on the poster for further details.



HM "I made dinner all by myself, it's so good"

ER "I am really proud of myself for stopping smoking"



CS "I beat Pally at bowling, it was such good fun".

JM "I had a brilliant week, I went to the cinema and saw the film about Amy Winehouse, it was amazing but very sad, I have been bowling with Stephanie, been shopping, I had support to dye my hair"



Shout out to Sandra, Gail and the team for supporting TP to go to a disco in Colchester on Friday night! Thank you for giving up your own time

Shout out to Charles and Moinul, for supporting JP on a train ride trip and positive risk taking, the whole journey went smoothly, and JP had a great time.

Shout out to our training department and Christine Goldstone for being ahead of the game and delivering the Oliver McGowan training !!!

Shout out to Rachel Coote and Eastern / Chain staff for their fantastic support with EM over the last few weeks.

H - HAVE
O - ONLY
P - POSITIVE
E - EXPECTATIONS

A poster made by Claire to for all to enjoy

EASTER EGG HUNT

28/03/2024

East Sussex Services
FCSL/TCM



For the first time this year, the services from East Sussex got together, and we celebrated Easter in our unique way.



The Easter Egg hunt day started with a train journey from Eastbourne to Bexhill, and yes, we were loud and happy in the train.



At Rookhurst, the manager, Fiona, and the team welcomed us. The service users couldn't hide their happiness and joy seeing some of their peers. The lounge was echoing with laughter and an atmosphere of making new friendships.



Our service users (and staff members 😊) excitedly rushed out to start the Easter 🐰 Hunt. Some 🐰 were quick and collected more easter eggs, but as the saying goes, "sharing is caring", and this time, they shared their hunt with their peers, and also, it's important to have a good time.



We didn't stop there; the day continued with outdoor activities, tag-of-war, parachute-swap-place games, and hopping 🐰s.

Big thank you to Jasmine from Marlborough Lodge for taking the challenge and joining the lads 🙌



No winners here, only a happy and united team.



At our pleasure, we had a surprise visit from Christine Goldstone, our ROD. Of course, the service users were happy, and a photo session was a must 😊.

After running around, playing games, and having an egg hunt, we enjoyed a delicious lunch prepared by Fiona, Suzanne, and Lorna. Thank you so much for your warm welcome!



Huge thank you to all participants, SMT and Head Office for the support



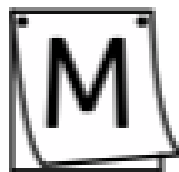
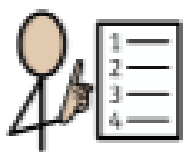


April 2024 Policy of the Month

Human Resources

Training Policy and Procedure

Previous Policy of the Month can be found in Monthly
Policy Update



POLICY OF THE MONTH

We kindly remind all staff to access the QCS App and familiarise themselves with the latest policies available on the dashboard. This month's focus includes the following key policies:

- 1. Patient Safety Incident Response Framework (PSIRF)**
- 2. Medication Management**
- 3. Fire Safety Procedures**
- 4. Oral Health Maintenance**
- 5. Mental Capacity Act Compliance**

It is imperative that all team members review and understand these policies by the **31st of May 2024**. Your adherence to these guidelines is crucial in maintaining our commitment to excellence in patient care and safety standards. Thank you for your cooperation and dedication to continuous improvement



Focus Care Supported Living Link:
[Give feedback on care - Care Quality Commission \(cqc.org.uk\)](https://www.cqc.org.uk)

Your feedback helps make care better

We use what people tell us to understand the quality of care they get from services like care homes, care agencies, hospitals and GPs. It helps make care better for everybody.

We look at it alongside other information. For example, information from the service itself or what we found when we last visited them.

We only cover services in England.

We may want to contact you

You do not have to give us your name or contact details. But it's more likely we can take action if you do.



We have current vacancies due to continued growth in the following areas:-
Peterborough, East Sussex, Essex, Wolverhampton and Suffolk.

We offer a full induction and training.

Please call 01733 261233 option 1.

Please remember that staff that refer a friend receive a £250 bonus on completion of the new staff passing their probation.

WE ARE RECRUITING!



+



Compliments and Complaints



Happy



+

Follow us of Facebook, Twitter and Instagram



If there is something that you are not happy with, please contact Elaine Cole - Care Director / Registered Manager on 01733 261233 Option 3 or email elaine.cole@focuscareagency.com

If you have any compliments, again please let Elaine know and she will pass this on to the team.

A huge thank you goes to all our Support Workers, Team Leaders, and Area Managers for their hard work, dedication and commitment to the people we support.